

Addictions Foundation of Manitoba (AFM) ( 9:00 am-10:00 pm daily).....	204-942-0126
Centralized Intake (for child & Adolescent mental Health Services in the WRHA).....	204-958-9660
Children's Advocate Office (8:30 a.m.-4:30 p.m.) .....	204-988-7440
Toll Free .....	1-800-263-7146
Child and Family Services (8:30 a.m. – 4:30 p.m. Mon-Fri).....	204-944-4200
or After Hours .....	204-944-4000
Health Links .....	204-788-8200
Kids Help Phone (24-hour service).....	1-800-668-6868
<a href="#">Klinik</a> - 870 Portage Ave	
Klinik Suicide Crisis (24 hours service) .....	204-786-8686
Klinik Sexual Assault Line (24-hour services) .....	204-786-8631
Klinik Teen Clinic (open Mondays 4:00 pm– 8:00 pm) .....	204-784-4090
Klinik Counselling Services .....	204-784-4067
Drop In: Monday & Wednesday (12:000 p.m. – 7:00 p.m.)	
Tuesday, Friday & Saturday (12:00 p.m. – 4:00 p.m.)	
Mobile Crisis Unit (Team Response Hours 7:00 a.m. – 3:00 a.m) .....	204-949-4777
24hour Intake.....	204-949-4777
YACI (Youth Addictions Centralized Intake .....	1-877-710-3999
Youth Resource Centre161 Mayfair Avenue .....	204-477-1804